



# NUMBERS TELL OUR STORY

## IMPACT IN 2023

Let's talk numbers—the heartbeat of our impact:

1. Sheltered Households:
  - We successfully housed 50 individuals across 17 households last year. Each story is a testament to resilience—a step toward stability and hope.
2. Healthcare Access:
  - 87% of our clients accessed mainstream healthcare services. It's not just about physical health; it's about dignity and well-being.
3. Shower and Laundry Services:
  - Through our Shower and Laundry Serve Days, we provided over 120 showers and facilitated 100 loads of laundry. These seemingly small acts are profound—they restore dignity and remind our clients that they matter.



Read more on:  
[www.helpcarolina.org](http://www.helpcarolina.org)



### Ways To Give

Cashapp: \$HELPCarolina  
 Zelle: (704) 942-1916  
 PayPal: @HELPCarolina704

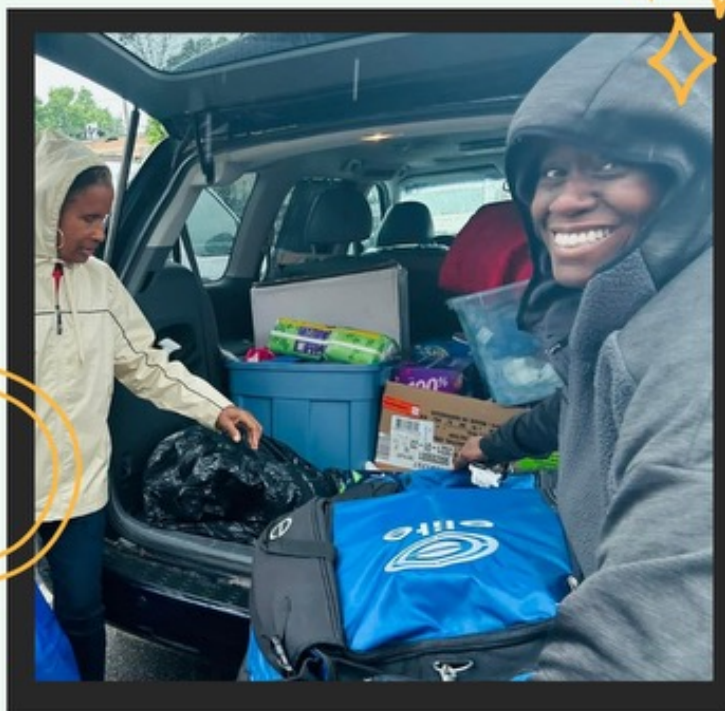




# HELP CAROLINA

Dear HELP Carolina Community,

As I sit down to write this, I'm filled with a mix of emotions—gratitude, determination, and a touch of awe. Our journey at HELP Carolina has been nothing short of transformative, and I want to share some of my reflections with you.



## From Hope to Action; A Vision Takes Shape

In 2019, when the seeds of HELP Carolina were planted, it was more than an idea—it was a vision fueled by hope. The hope that we could make a difference, that we could be a relentless force in the fight against homelessness. Little did I know that this vision would evolve into a thriving community of compassion and impact.

## Our Guiding Principle; Housing First and Beyond

Our approach has always been rooted in the principles of Housing First. We understand that stable housing is not just a basic need; it's the cornerstone for addressing other challenges. But we don't stop there. We integrate low-barrier strategies, street outreach, rapid rehousing, and homeless prevention. Why? Because our clients deserve holistic support—the kind that recognizes their humanity, their dreams, and their resilience.



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## Looking Ahead: A Community United

As we move forward, I'm filled with hope. Hope that we'll continue to build a community where everyone has a place to call home. Hope that our impact will ripple far beyond our numbers. Hope that together, we'll create lasting change. Thank you for being part of our journey. Let's keep writing this story—one act of compassion, one housing placement, one life transformed at a time. Indeed, we are Helping Everyone Leave Poverty.

## Our Key Partners: A Grateful Acknowledgment

To our partners—

- First ARP Church
- St. Mark's Episcopal Church
- Monica Tashjian
- Noel & Noah Productions
- Gastonia Housing Authority

Thank you. Your collaboration, your unwavering support, and your belief in our mission have been our driving force. Together, we are making a difference.



With gratitude,  
Tasha White  
Founder & Executive Director |  
HELP Carolina



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